

Impact Report 2019-20

FOREWORD

Our 30th year of delivering creative projects has offered us the opportunity to appreciate the impact and the importance of our place in the lives of children and young people.

Though this Impact Report addresses activity within the period 2019 – 2020, we cannot fail to acknowledge that it has been created in a time of unprecedented uncertainty and upheaval within all our lives.

In order to recognise the work we have undertaken in response to the Covid-19 Pandemic and Racial Justice movements which have so powerfully impacted the lives of our team, community partners and participants, we have broadened the scope of our reflection to further acknowledge our value, witness our impact and enjoy the beauty of creativity as it plays its part in restoring and healing.

Never has the work of Kazzum Arts been more important and necessary than in these most recent and turbulent months. Our purpose has been refreshed with a shared sense of urgency and creativity, and though at times underscored with a collective sense of danger and threat, or fused with the grief of what we have all lost along the way, there have also been many significant moments of elation, joy and social connection flourishing within our creative contact with participants.

Our recent work highlights the important role Artists can play in embodying imagination and hope in times of uncertainty. When the arts are flexible and responsive, the effects can be felt far and wide. Kazzum's community have responded with integrity, vision and empathy – drawing together in times of crisis and offering support and care where it is needed most.

Our continued success is a source of great pride in all who flourish within Kazzum Arts, not least the participants with whom we collaborate. The courage and creativity experienced during these recent months has been astounding. We hope that you will appreciate within this digital Impact Report the skills, resilience and commitment of all at Kazzum this year and join us in imagining a safe and creative future.

The Kazzum Arts team, November 2020



Alex Evans
Artistic Director



Lauren Irving
Executive Director



Lauren-Joy Cameron
Programme
Coordinator



Tara Postma

Marketing and Project
Support Officer

COVID-19 RESPONSE

Throughout the Covid-19 Pandemic our work has flourished. Take a look at some of our successful activity:

THE GAMEJAM GUIDE TO ONLINE FACILITATION

A guide to online creative activities, developed in collaboration with our artist practitioners - download it here.

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TRAINING AROUND TRAUMA-INFORMED PRACTICE

Find out more about our training <u>here</u>.

ONLINE HANGOUTS, REFLECTIVE PRACTICE AND TRAINING

Find out more about how we supported our artists here.

REMOTE INTERACTIVE RESOURCES

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We created a range of activity packs for participants across our programmes. View and download a selection here.

WEEKLY ONLINE SESSIONS

We took our Creative Wellbeing Workshops and Brighter Futures Group online.

GROUNDED

This series of short animations and complementing packs were created to support the mental health and wellbeing of children and young people. Find out more here.

This work was made possible with additional support from the National Lottery Community Fund, The City Bridge Trust and Arts Council England.







ABOUT US

Kazzum Arts is a multidisciplinary arts organisation providing creative opportunities for children and young people who have been affected by trauma and adversity. We facilitate innovative and playful projects which encourage social and reflective skills, enabling young people to foster positive relationships and experience an increased sense of wellbeing. Our projects lay the developmental and social groundwork for happier, healthier futures and are informed by an understanding of adverse childhood experiences and their impact upon child mental health.

Our diverse team of artist facilitators specialise in working with young people who have social, emotional and mental health issues, communication needs and physical impairment as well as those who are living with trauma, displacement or within areas of social deprivation. We think imaginatively and compassionately about the worlds of young people, using creativity to make memorable experiences that last beyond childhood.

We believe that creativity is a human right, access to which is never more important than in childhood and young adulthood which is why we work hard to remove the barriers that prevent young people's creative engagement.





OUR VISION

Making space for creativity to improve young lives.



OUR MISSION

Kazzum Arts provides opportunities for children and young people to explore creativity at times in their lives when they are most in need of support.





OUR UNIQUE APPROACH

Kazzum Arts have developed a unique traumainformed approach to creative practice with children and young people. Our creative projects provide the structure, boundaries and emotional containment which can enable children and young people to connect to the world around them. Find out more about our approach here.



OUR OUTCOMES

Our work over this period has focussed on the following outcomes:

Participant Outcomes

- Supporting mental health and wellbeing
- Reducing isolation
- Encouraging selfexpression
- Developing creative and transferable skills

Artist Outcomes

- Supporting mental health and wellbeing
- Providing employment opportunities
- Supporting professional development
- Building connections and networks

Sector Outcomes

- Supporting mental health and wellbeing
- Promoting <u>trauma</u> awareness
- Amplifying Youth Voice
- Advocating for the Arts

WE TURNED 30!

OUR YEAR IN NUMBERS

KAZZUMS 30TH BIRTHDAY

This year saw Kazzum turn 30!

On the 13th November 2019, we hosted 'Quizzum' a fundraising event to celebrate our birthday! The evening featured entertainment, a quiz and an opportunity to reflect on our 30-year history.

We would like to thank all those who joined us in making the evening one full of fun and laughter. We received an amazing collection of in-kind donations for our auction and were touched by everyone's generosity. All funds raised have supported Kazzum's vital, creative work with children and young people.











education settings

and organisations

workshops with children and young people

workshops and events

Offered

9 placements to students and young people



artists through an Employee Assistance **Programme**

Coaching and reflective practice



Employed a core staff of











Provided **professional training** to over

artists, students and teachers through workshops and talks around:

- Child Mental Health
- Creative approaches in hospital settings
- Arts and Migrancy
- Trauma-informed approaches
- Speech Language and **Communication Needs**

OUR PROJECTS

OUR PROJECTS

APOLLO

Creative projects for children undergoing healthcare and mental health treatments on hospital wards.

In Apollo we use combined art processes to increase the wellbeing, skills and friendship of children aged 5-15 during their hospital stay. Collaborating with healthcare teams and hospital teaching services, we provide multidisciplinary creative arts activities which are accessible and inclusive of children's needs, supporting them to feel better.

This year we worked with Whipps Cross Hospital and The Royal London Hospital school to deliver 3 week-long residencies within the Hospital wards. We also extended the programme into the homes of children and young people with multiple disabilities and life-limiting conditions, supporting them to access creativity in pioneering and profound ways.

The work has been funded by Children in Need, Awards for All and The Weinstock Foundation.

"Kazzum are absolutely brilliant and they go well beyond their duty."

NHS Staff

"I don't know what we would have done if it wasn't for Kazzum this week. She has loved coming to the workshops, she is her usual self here."

Parent

"I don't want to leave. I really like being able to make things I don't get at school."

Participant







BUILD

Creative projects for young people excluded from mainstream education.

The Build Project takes place at the London East Alternative Provision in Tower Hamlets and works weekly with a group of young people in Key Stage 3 (aged 12-14) and within a young men's and a young women's group in Key Stage 4 (aged 14-16). The project employs multidisciplinary creative approaches, working with an exciting combination of artist practitioners who respond to the needs and interests of the groups.

Our workshops utilise a range of trauma-informed approaches to increase positivity and self-esteem, creating social spaces to support young people's wellbeing at times of stress, anxiety and adversity.

This work has been funded by The Mayor's Young Londoners Fund, Tower Hamlets Council and the East End Community Foundation. "The workshop gave students who normally wouldn't share ideas or thoughts a space where they could speak openly without being judged."

Teacher at LEAP

"Cool. I enjoyed it. Its chill and relaxing."

Participant

"We shared ideas and came up with things together. I'd like more time and more sessions."

Participant







OUR PROJECTS

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SPEEGH BUBBLES

A creative intervention supporting children aged 5 - 7 with Speech, Language and Communication Needs.

Speech Bubbles is a national evidence-based approach supporting children who lack confidence in communicating, have difficulty organising thoughts, have poor attention or listening skills. In 2018 Kazzum entered into an exciting partnership with London Bubble Theatre Company to deliver the renowned programme across the London borough of Newham.

We delivered weekly workshops with Woodgrange Infant School, Brittania Primary School and Kensington Primary School, supporting 60 children to develop the communication skills needed to create stories, develop relationships and gain confidence to learn.

This work has been funded by The Ernest Cook Trust.

"Speech Bubbles is the best day of my life!"

Participant

"She has got us all doing Speech Bubbles at home now!"

Parent

"I love being in Speech Bubbles it is the high point of my week, my confidence has really grown."

Teaching Assistant







PATHWAYS

Creative wellbeing projects and training for young migrants, refugees and asylum seekers.

Pathways focuses on the mental health needs of young people affected by displacement and trauma, providing opportunities to regulate stress, reduce isolation and develop skills.

Training - We worked with ESOL students to develop transferrable skills and social networks at John Ruskin College in Croydon.

Wellbeing - We delivered creative workshops with Refugee community groups across London which encouraged young people to share their experiences of living in the UK through games, discussion and expressive arts.

Advocacy – We delivered awareness raising workshops in schools throughout Refugee Week in London, Essex and Kent reaching 2,547 students aged 5 – 16.

This work has been funded by the National Lottery Community Fund, The Mbili Charitable Trust and The Austin and Hope Pilkington Trust. "You made people smile and that's the best gift you can give somebody, so grateful for you."

Participant

"The poetry and artwork enabled me to express how I am feeling."

Participant





Kazzum also co-facilitates Brighter Futures with Praxis Community Projects; a group for young migrants united by a passion and commitment to challenge negative perceptions of migration.

With support from Arts Council England Kazzum collaborated with the group to co-create a collection of poems and artworks which provided an insight into the lives of young people on the sharp end of hostile immigration policy and gave control and agency over how their experiences are told, and by who.

The group successfully hosted 'Words Apart' a free evening of art, poetry and discussion at the Ecology Pavilion, Mile End on Tuesday 19th November 2019.

FINANCIALS

SUPPORT US

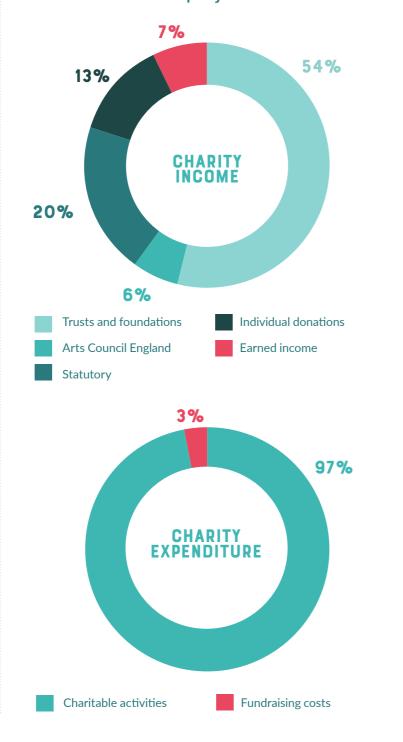
CHARITY BALANCE SHEET 31 MARCH 2020

Fixed Assets	£
Tangible Fixed assets	0
Current Assets	
Debtors	14,706
Cash in bank and in hand	148,335
	163,041
Creditors	
Amounts falling due within one year	(5,951)
Net Current Assets	157,090
Net Assets	157,090
Charity Funds	
Sharrey Farias	
Unrestricted Funds	18,969
	18,969 85,497
Unrestricted Funds	
Unrestricted Funds Designated Funds	85,497

Total income £235,436

Total expenditure £231,372

100% of expenditure went directly into our charitable projects.





At Kazzum Arts we are committed to supporting children and young people at difficult times in their lives. In turn we rely on all the support that individuals, the community and funders can afford to give back.

Kazzum is entirely dependent upon the generosity of our supporters. From funding a workshop with young refugees, to enabling an after school trip or supporting an emerging artist, donations of any size make all the difference to the children and young people that we work with.

FUNDRAISE

From bake sales to bike rides, raffles to runs, there are so many different ways you could help fundraise for Kazzum Arts. You can make a real difference to our work and have some fun along the way!

For more information <u>click here</u>, or to discuss your fundraising idea contact hello@kazzum.org

DONATE

Every donation, no matter the size, helps us to support someone in their time of need. Regular donations are very welcome as they enable us to plan ahead and work on long-term solutions.

To make a donation click here.

WHAT'S NEXT?

Kazzum will build upon its foundation of safety and equity through an ongoing commitment to Anti-Racism and Social Justice. This work will be centred in our projects with young people and will inform our organisational processes and professional development.

Central to this is the integration of advocacy within our creative practice. Young people will be encouraged to reflect upon and enact the changes that they want to see in the world. This will become a vital area of research and development as we continue to evolve our programmes.

We will continue to embed our trauma-informed approach across the organisation and share our knowledge and expertise across our networks. We'll be developing our training offers for organisations as well as individuals, and enabling our creative voice to advocate for young people and professionals impacted by trauma.

These strategic and artistic commitments will enrich our practice and understanding of child mental health, enabling us to better support young people during times in their life when they need us the most.

"It's not that you only make our days brighter and make us happier but you always also help us improve our creativity and I can't thank you enough."

Participant

"It was insightful, helpful, fascinating, sensitively run, plus very rewarding to be learning again and linked up to our practice during this tricky time."

Partner Organisation



Thank you to all our supporters, donors, partners, staff and volunteers who have helped us achieve so much in 2019-2020.

Our Funders 2019/20

Arts Council England Awards for All Bleu Blanc Rouge

Foundation

Children in Need East End Community

Heather Williams

London Catalyst

Foundation

Local Community Fund – Tower Hamlets

Mrs Smith and Mount Trust

Platform Foundation

The Austin Hope and Pilkington Trust

The Big Give

The National Lottery Community Fund

The MBILI Charitable Trust

The Hospital Saturday Fund

The Young Londoners Fund

The Weinstock Foundation

Special thanks to: (Partners and Artists)

Brighter Futures

Caras

John Ruskin College

LEAP - Tower Hamlets PRU

London Bubble

London East Teacher **Training Alliance**

Oxford House **Praxis Community**

Projects

Refugee Council Girls Group

Shpresa

The Royal London Hospital

The Royal Central School of Speech & Drama

Whipps Cross Hospital

Woodgrange Infant School

Young Roots Abbie Nicholls

Amanda Mascarenhas

Aminat Odusoga

Andrea Tuijten

Anna Van Der Poorten

Arji Manuelpillai **Becky Bailey**

Ben Moore

Christopher Simpson

Dan Martin

Jack Pryor

James Baldwin Jo Afful

Jo Paul

Joe Fleming Jon Van Beek

Kathryn Corlett

Lisa Hayes

Maria Askew Marie Horner

Matt Huxley

Michele Petit-Jean

Natasha Cossey Nickie Miles - Wildin

Paul Andrews Philippa Jones

Rachel Clarke

Raph Clarkson

Robin Lane Roberts Sheila Preston

Taghrid

Choucair-Vizoso

Tunde James Vaughan Titheridge

Trustees of Gabriel Ballestero the charity

> Lynne Roberts (Interim Chair)

Jessica Metcalfe

Frances Brown

Theodore Bosanguet

Julia Hodgson

Laura Wilkinson

Roberto Salvatori (stood down

Core Staff

15/10/2019)

Alex Evans

Lauren-Joy Cameron

Lauren Irving Tara Postma

Credits

Design: Kathryn Corlett

Photography: **Becky Bailey**

Illustrations:

Robert Lane Roberts

"It's a real privilege to use my experience to support such a worthy mission. Kazzum creates a strong feeling of community with those who are involved with it and I'm so proud to be a part of that."

Julia Hodgson, Trustee





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kazzum.org

@KazzumArts

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Charity Registration No: 802941 Company No: 0244 70001 Kazzum was founded in 1989